

**Registered Nurse First Assistant (RNFA) Program**  
**Student Planning Guide**

**Please complete, in full, and submit this form with your application packet.** As an Instructor, I want to be sure that you have been fully informed and understand the career field that you have chosen so that you can be successful in the completion of this program. If you have any difficulty completing this form, **you can find the answers in the application packet or on one of the internet resources.** For further information, go to either our website or the professional organizations [www.surgicalassistants.org](http://www.surgicalassistants.org), [www.aorn.org](http://www.aorn.org), <http://www.cc-institute.org/>, or [www.absa.net](http://www.absa.net). If you still have questions, contact me at [bpage2@gulfcoast.edu](mailto:bpage2@gulfcoast.edu) or 850.769.1551 x3551 for assistance.

1. Name: \_\_\_\_\_ Student ID: A# \_\_\_\_\_

2. Describe what the RN First Assistant's scope of practice is for your state.
3. Describe what job positions are available to a Certified Surgical First Assistant or CRNFA.
4. Where does a Surgical First Assistant go to work? What are the opportunities?
5. What are your plans for Clinical placement?
6. Why do you want to enroll in this program?
7. What are your goals?

2 years from now: \_\_\_\_\_

10 years from now: \_\_\_\_\_

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**BE SURE YOU HAVE THE TIME TO COMMIT TO BE SUCCESSFUL.** Our goal is to help you plan for all of the things you will need to succeed. You need to plan for and consider these resources to minimize your stress and be successful. Do you currently have the following?

Family support:

Transportation:

Tuition/fee/supplies:

Living expenses/ bill management:

Computer resources for online segments (computer with camera, internet access, etc.)

## Registered Nurse First Assistant (RNFA) Program Time Management

To be successful, you will need to allocate the following hours **per day**:

	Low – High
Homework	<u>2</u> - <u>3</u> hours
Class/lab/clinical	<u>4</u> - <u>8</u> hours
Sleep	<u>6</u> - <u>8</u> hours
Exercise/Time for Self	<u>½</u> - <u>1</u> hours
Work	_____ hours
Family Time	_____ hours
Eating	_____ hours
Bathing	_____ hours
Traveling to and from school	_____ hours
Chores/Paying Bills	_____ hours
Total Time	<u>24</u> hours

What will be your time challenge?

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How will you manage it?

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