
HUMAN NUTRITION

HUN 1001, Survey of Nutrition Survey of Nutrition

2 hrs., 2 crs.,

(Offered fall and spring). Relates nutrition to the hospitality industry by way of menu planning, studying nutritional deficiencies diseases, retention of nutrients, and the basic principles for today's society.

HUN 1201, Principles of Nutrition Principles of Nutrition

3 hrs., 3 crs.,

(Offered fall, spring, and summer). Principles and controversies of nutrition with emphasis on the principal nutrients in foods and their utilization by the body as well as determining and meeting food needs for optimum health at different stages of the life span.

HUN 1201H, Honors Principles Of Nutrition Honors Principles Of Nutrition

3 hrs., 3 crs.,

(Offered fall, spring, and summer). Principles and controversies of nutrition with emphasis on the principal nutrients in foods and their utilization by the body as well as determining and meeting food needs for optimum health at different stages of the life span.
