## STUDENT LIFE SKILLS

## SLS 1201, Personal Development Personal Development 3 hrs., 3 crs.,

The course is aimed toward improving self-esteem of the student. Motivation, interpersonal relationships, study skills, basic academic skill level, and future potential of the individual are examined. (A student cannot receive credit for SLS 1300 or SLS 1302 and SLS 1201). This course is highly recommended for students who test into two or more developmental courses.

## SLS 1301, College and Career Management College and Career Management 3 hrs., 3 crs.,

(Offered fall and spring). Emphasis is placed on academic, personal, and interpersonal skills that will equip the student with the skills necessary to succeed in college and the creation of a sense of career importance. This course will include a study of basic financial principles including federal financial aid, debt management, how to borrow and save money responsibly, how and why to save for retirement, and budget development. This course is highly recommended for students who test into two or more developmental courses.

## SLS 2264, Leadership Development Seminar Leadership Development Seminar 3 hrs., 3 crs.,

This course encourages participants to develop their leadership potential by discovering the style that works best with their personal strengths and beliefs. The student will build skills for communication, conflict resolution, positive motivation, team building, and decision making. Community service is a required component to this course to expand the students understanding of citizenship and to provide a platform for expanding their newly acquired leadership skills.