



Local Community Resources

Please note that the information listed is accurate at the time of publication. Changes may be made by the agencies, so please call for current information.
For more information, call United Way's 2-1-1. Alternate number: 850-595-5905

Prepared by the GCSC Counseling Center Updated: *October, 2020*

For more information, please contact the Counseling Center of GCSC
850-769-1551 x4861 or lbailey@gulfcoast.edu
850-769-1551 x2829 or rsofarell@gulfcoast.edu



Alcohol and Drug Recovery

Addictions Referral Network	800-577-4714	samhsa.gov/find-help/national-helpline	National
AL-ANON	888-425-2666	www.alnwfl-al-anon.org	Florida
Alcoholics Anonymous	850-784-7431	http://panamacityaa.org	Local
Bayshore Retreat	850-687-6831	http://bayshoreretreat.com	Destin, FL
B.A.S.I.C. of NWFL	850-785-1088	www.basicnwfl.com	432 Magnolia Ave.
Beauty for Ashes Transitional Home	850-215-0651	Faith Based Drug & Alcohol Recovery	1515 Foster Ave.
C.A.R.E.	850-872-7676	www.care4000.com	4000 E. 3rd St.
Florida Springs Wellness & Recovery	850-403-6204	https://flasprings.com	1212 W 19th St.
Gulf Coast Addiction Medicine	850-522-1516	www.gcamed.com	277 Forest Park Cir.
Journey Pure-Emerald Coast	850-424-1923	www.emeraldcoastjourneypure.com	22219 PCB Pkwy
Longleaf Out Reach & Develop.	850-215-3980	www.longleaf4u.com	433 Harrison Ave.
Most Excellent Way	850-785-6746	http://firstbaptistpc.com	First Baptist Church
Narcotics Anonymous	888-989-1494		National
Treatment Center of PC	850-769-5965	Opioid Addiction	1530 Harrison Ave.
Twelve Oaks Recovery	844-737-0808	https://www.twelveoaksrecovery.com/	2068 Health Care Dr. Navarre, FL

Child Advocacy Programs

Anchorage Children's Home Hiddle House - Safe haven for 10 - 17 year olds	850-763-7102 850-784-1020	www.anchoragechildrenshome.org	2121 Lisenby Ave.
Bay County WIC Program	850-872-4666	floridahealth.gov/programs-and-services/wic	597 W. 11th St.
Big Brother/Big Sister	850-763-5437	www.bbbsnwfl.org	212 Lisenby Ave,
Boys and Girls Club	850-763-3546	www.bgcbay.com	Various locations
Children's Home Society	850-747-5411	www.chsfl.org/locations/big-bend-panama-city	700 W. 23rd St. Build H
Childhelp - Child Abuse Hotline	800-422-4453		National
Early Education and Care	850-818-9003	https://eekids.org/	1025 Redwood Ave.
Early Learning Coalition of NW FL	850-747-5400	www.elcnwf.org	703 W 15th St. Suite A
Florida Department of Children & Families	866-778-4045 800-962-2873	www.my.families.com	2205 W. 15th St.
Florida Health Kids - Ages 5-19	888-540-5437	floridakidcare.org/healthykids	
FSU-PC Early Childhood Autism Program	850-770-2241		4750 Collegiate Dr.
Girls Inc. of Bay County	850-588-8711	www.girlsincofbaycounty.org	300 Clara Ave. PCB

Child Advocacy Programs Continued

Guardian ad Litem	850-747-5180	www.guardianadlitem.org	
Gulf Coast Children's Advocacy	850-872-4726	www.gulfcoastcac.org	700 W. 23rd St. Building E, Suite 40
Healthy Start Coalition	850-872-4130	http://healthystartbfg.com	26 Oak Ave.
KidCare - Ages 1-4 years	888-540-5437	www.healthykids.org/apply	
Medicaid - Apply for		www.myflorida.com/accessflorida	

Dental Services

Bay County Health Department Children's Dentistry	850-481-4709	bay.floridahealth.gov	3518 E. 15th St.
Gulf Coast State College Dental Clinic	850-872-3833	Health Science Building - First Floor www.gulfcoast.edu/community/dental-clinic	5230 W. Hwy 98
Pan Care Health Youngstown	850-767-3350	www.pancarefl.org	403 E. 11th St.
	850-753-3246		12427 Hwy 231

Disability Services

Arc of the Bay	850-265-2951	www.bayarc.org	1804 Carolina Ave, Lynn Haven
Bay County Alzheimer's Alliance	850-276-9905		
Disability Resource Center	850-769-6890	drcpc.org	300 W. 5th St.
Epilepsy Association	850-694-0994	https://epilepsyassociation.com/	211 E. 11th St. Suite B
FL Division of Blind Services	850-872-4181	http://dbs.myflorida.com	2505 W. 15th St. Suite B
Gulf Coast State College Student Accessibility Resources	850-747-3243	www.gulfcoast.edu	5230 W, Hwy 98
Office of Public Guardian, Inc.	850-414-2000	elderaffairs.state.fl.us	4040 Esplanade Way Tallahassee
Panama City Developmental Ctr.	850-769-7636		1407 Lincoln Dr.
Tender, Love and Care	850-769-7960	www.ucptlc.org	1241 N. East Ave.
Second Chance of NW FL	850-769-7779	www.secondchancenwfl.org	819 E. 11th St.
Vocational Rehabilitation	850-872-4380	www.rehabworks.org	2505 E 15th St Suite B

Domestic Violence

Salvation Army Domestic Violence Emergency Hotline National Hotline	850-769-7989 850-763-0706 800-799-7233	www.salvationarmyflorida.org	1824 W. 15th St. Local 24 Hours National
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Eating Disorders

Canopy Cove Eating Disorder Treatment Facility	888-245-6555	www.canopycove.com	Tallahassee, FL
National Eating Disorders Association Hotline	800-931-2237	www.nationaleatingdisorders.org	National

Food Banks

Some locations have changed due to Hurricane Michael. Please call first.

Must bring ID with you. Days and times are subject to change, please call first.

Catholic Charities	850-763-0475	Food Pantry M,W,TH 10-2 T 1-3	3128 E. 11th St.
Christ our Savior Luthern	850-785-6146	Monday, Wednesday, & Friday 8:00 a.m. - 1:00 p.m.	300 Clara Ave. Panama City Beach
First Assembly of God	850-769-3558	Tuesday's 10:00 - 12:00 noon	1701 N. East Ave
First United Methodist Church	850-763-6537	Friday - 9:00 a.m. - 12:00 noon Community Life Center	903 E. 4th St,
Grace Episcopal Church	850-235-4136	Supper every Thursday at 6:00 p.m.	9101 PCB Parkway
Grace Presbyterian Church	850-769-4000	www.gracechurchpc.com Thursdays 9:00 - 11:00 a.m. Utilities 1:00 a.m.- 3:30 p.m. - Food	1416 Airport Rd.
Gulf Beach Baptist Church	850-234-8892	Tuesday's and Thursday's 9 - 11:30 a.m. PC Beach residents only	106 Hutchison Blvd. Panama City Beach
Gulf Beach Presbyterian Church	850-234-3161	Monday-Friday - 9:00-12:00 noon Picture ID and must be PCB resident	271 Hwy 79 Panama City Beach
Panama City Rescue Mission	850-769-0783	Food M-F hot meals daily at 5:00 p.m.	609 Allen Ave
Salvation Army	850-769-5259	Call for days and times.	1824 W. 15th St.
St Andrew Baptist Church Food Bank & Clothing Mecial Center	850-785-8596 850-763-2345 850-785-1419	Monday - Friday 8:30 - 11:30 a.m. Thursday 5:00 - 7:00 p.m.	3101 W Hwy 98

Grief Counseling

Angel House	850-257-5036	www.angelhousebci.org	1015 Grace Ave. Unit C
Covenant Care	850-563-7635	https://www.choosecovenant.org/	107 W. 19th St.
Grief & Loss Service of NWFL	850-763-2681		1144 Grace Ave.
Grief Share	800-395-5755	griefshare.org	National

Hospice Care

BrightStar	850-238-3270	www.grightstarcare.com/bay-county	6134 E. Hwy 98
Covenant Care	850-563-7135	https://www.choosecovenant.org/hospice-care/	107 W. 19th St.
Emerald Coast Hospice	850-769-0055	kendredhealthcare.com	call for address
Interim Health Care	850-747-0080	interimhealthcare.com/panamacity	2679 Jenks Ave.

Housing Information - Affordable/Low Rental

Due to Hurricane Michael, many apartment complexes are no longer available.
Please call for the listed apartments for availability.

Andrews Place II	850-215-5483		1914 Frankford Ave.
Bryxstone Apartments Formally Briarwood & Pinehurst			2508 Minnesota Ave. Lynn Haven
Callaway Manor Apartments	850-215-5483		1714 Frankford Ave.
Edgewood Garden	850-785-0585		3325 W. 23rd St.
Forest Manor Apartments	850-265-5717	havenwood.gardens.mgr@pomsmgmt.com	1516 Maine Ave. Lynn Haven
Gatewood Apartments	850-784-9893		7100 Noel Rd.
Gibb Springfield Village	850-235-4663		3207 E. 4th St. Springfield
Havenwood Garden	850-265-5717	havenwood.gardens.mgr@pomsmgmt.com	1600 Florida Ave. Lynn Haven
Lake Garden Apartments	850-769-5527		5707 Lake Dr. Callaway
Magnolia Pointe Apartments	850-774-6244		850-774-6244
Panama City Housing Authority Henry Kirkland Garden Apart. Oakland Garden Apartments James Asbell Memorial Homes Gardner Dickenson Memorial Henry Kirkland Fletcher Black Memorial Homes Massalina Memorial Homes	850-769-2358 850-769-6193 850-769-6193	 Senior Community Rebuilding Rebuilding	804 E. 15th St. 261 Everte Ave. 1918 Mac Lewis 2051 Lisenby Ave. 1025 Everette Ave.

Housing Information - Affordable/Low Rental Cont.

Panama Commons	850-215-8966		1001 Sherman Ave.
Pana-Villa Apartments	850-785-3750		1802 Flowers Ave.
Pinnacle @ Hammock Crossings	850-898-9536		2206 Hammock Sq Dr
Royal Arms Garden	850-785-7057		1420 Balboa Ave.
Sand Dune Apartments	850-234-1427		8011 Front Beach Rd. Panama City Beach
Scattered Sites			2051 Lisenby Ave. 261 Everitte Ave.
Siena Gardens	850-769-6997	Retirement Age Living	901 19th St.
Springfield Housing Authority	850-769-1596		3806 E. 8th St.

Housing Information - Transitional/Other

Beauty for Ashes Transitional Home	850-814-9171	Faith based/ women	1615 Foster Ave.
Bethel Village	850-914-0533	Women & children shelter	
Bridge Transitional Living	850-481-8501	For young adults 16 - 21 anchoragechildrenshome.org	
Catholic Social Services Staint Barnabas House	850-879-9481 850-763-0475	www.catholiccharitiesnwfl.org/panamacity	3128 E. 11th St.
Habitat for Humanity	850-784-9975	habit.org/us-fl/panamacity/hgh-bay-county-florida	
Panama City Rescue Mission	850-769-0783	http://pcrmission.org	609 Allen Ave.
Salvation Army	850-769-5259	salvationarmyflorida.org/panamacity	1824 W. 15th St.
Transformational Recovery Mission	850-769-8012	Transitional housing for women & children.	2420 E. Baldwin Rd.

Insurance

Agency for Healthcare Administration	850-595-2312	ahca.myflorida.com	
FL Healthy Kids - Ages 5-19	888-540-5437	www.healthykids.org	Florida
KidCare - Ages 1-4 Application Assistance	888-540-5437	www.floridakidcare.org	
Medicaid - Apply for		www.myflorida.com/accessflorida	

Legal/Victim Services

Legal Services of NFL	850-769-3581	lsnf.org	211 E. 11th St.
State Attorney's Victim Assistance Program-Bay County	850-872-4473	http://sa14.fl.gov	421 Magnolia Ave.
Calhoun County	850-674-4580		
Gulf County	850-229-6131		
Holmes County	850-547-2262		
Jackson County	850-482-9555		
Washington County	850-638-6150		

Medical Services

American Family Care	850-583-9747	www.afcurgentcare.com/panama-city-beach	15415 PCB Pkwy. Panama City Beach
Avicenna Clinic	850-215-8200		1838 Frnakford Ave.
Bay County Health Department	850-872-4455	www.bay.floridahealth.gov	597 W. 11th St.
Bay Medical Center	850-769-1511		615 Bonita Ave.
Children's Medical Services	850-872-4700	www.floridahealth.gov	230 N. Tyndall Pkwy
Gulf Coast Medical Center	850-769-8641	gcmc-pc.com	449 W. 23rd St.
PanCare of Florida, Inc. Youngstown	850-329-4725 850-753-3246	pancarefl.org	2309 E. 15th St. 12427 Hwy 231
St. Andrew Christian Care Center	850-763-2345	sacccpc.org	3101 W. Hwy 98

Mental Health

Bayside Neurotherapy	850-541-8520	www.baysideneuro.com	One Stanford Centre 1022 W. 23rd St. Suite 530
Cornerstone Counseling Center	850-769-6188	cornerstoneccc.com	1103 Fortune Ave.
Emerald Coast Behavioral Hospital	850-763-0017	emeraldcoastbehavioral.com	1940 Harrison Ave.
Florida Therapy Services	850-769-6001	flatherapy.com	459 Grace Ave.
Life Management Center	850-522-4485	lmccares.org	525 E. 15th St.
NAMI National Alliance on Mental Health	800-950-NAMI 800-273-8255 850-671-4445	www.nami.org www.namiflorida.org	National Helpline - National Florida
National Suicide Prevention Lifeline	800-273-8255	https://suicidepreventionlifeline.org	National
PanCare Health Youngstown	850-329-4725 850-753-3246	pancarefl.org	2309 E. 15th St. 12427 Hwy 231

Also see Area Counseling Resource List located in the Counseling Center.

Pregnancy Resources

Hannah's Maternity Transitional Living	850-784-1020	homeless pregnant teens - 16-21 yrs www.anchoragechildrenshome.org	Anchorage Children's Home
Pregnancy Resource Center	850-763-1100	www.pregnancyresourcecenter.com	701 Jenks Ave.
The Sheltering Tree	850-763-1433 850-763-2345	sacccpc.org/services_pregnancy_center.aspx	

Prescription Assistance

Florida Department of Health in Bay County	850-215-0616		1608 Baker Court
Florida Medicaid Prescription Access Helpline	800-436-6001		
PanCare Community Health Pharmacy	850-818-0455	pancarefl.org	2309 E. 15th St.
Prescription Assistance Program	850-215-0616		1608 Baker Court

Rental Assistance

Beach Care Services	850-235-3002	PC Beach Residents only	9128 E. Beach Rd.
Catholic Social Services	850-879-9481	www.catholiccharitiesnwfl.org/panamacity	3128 E. 11th St.
Family Services Agency	850-785-1721	familyserviceagencypc.org	114 E. 9th St.
Good Shepherd Lutheran Church Share Ministry	850-871-0081		5610 Boat Race Rd. Callaway
Salvation Army	850-769-5859	salvationarmyflorida.org/panamacity	1824 W. 11th St.
855-90WORKS		When funds are available	

Senior Citizen Assistance

AARP		www.aarp.org	
Bay County Council on Aging	850-769-3468	www.baycouncilonaging.org	1116 Frankford Ave.
BrightStar Care Bay County	850-238-3270	www.brightstarcare.com/bay-county	1138 Harrison Ave.
Brookdale Senior Living	850-872-8484	www.brookdale.com	2575 Harrison Ave.
Encompass Health Rehabilitation	850-914-8600	www.encompasshealth.com/panamacityrehab	1847 Florida Ave.
Lin Care	850-769-4700	www.lincare.com	700 W. 23rd St. #59
Suncrest OMNI Home Care	850-215-4061	lhcgroupp.com	1617 Tennessee Ave Lynn Haven
Visiting Angels Living Assistance	850-215-3300	visitingangles.com	2101 Northside Dr. #304

Sexual Assault/Rape Crisis

Gulf Coast Sexual Assault Prog. Hotline	866-218-4738	www.gulfcoastcac.org	
Panma City	850-872-7760		467 Grace Ave.
Chipley	866-218-4738		685 10th St.
Bonifay	866-218-4738		112 Virginia Ave.
Port St. Joe	866-218-4738		212 Hwy 98 Suite E

Transportation

Bay Town Trolley	850-769-0557	http://baytowntrolley.org	919 Massalina Dr.
Bay Transportation	850-785-0808	Must call for appointment. Medical appointment transportation provided & subsidized through Medicaid.	
Ride On Commuter Services	850-769-4854 x280	rideontogogether.org	NWFL Region

Utility Assistance

90 Works	855-90-WORKS	Emergency rent and utilities, when funding is available.	
Bay County Council on Aging	850-769-3468	Low Income Home Energy Assistance Prog.	1116 Frankford Ave.
Beach Care Services	850-235-3002	email: bcspcb@knology.net By appointment - Beach Residents only	
Catholic Charities of NW FL	850-763-0475	www.ccnwfl.org	2943 E. 11th St.
Grace Presbyterian Church	850-769-4000	Must have disconnect notice. Thursday's Must call before Wednesday.	
Low Income Energy Assistance Program (LIHEAP)	850-769-3468	www.baycouncilonaging.org	
Salvation Army Family Assistance Office	850-769-5859	salvationarmyflorida.org/panamacity	1824 W. 11th St.

Veteran's Information

Bay County Vet Center	850-522-6102	www.vetcenter.va.gov	3109 Minnesota Ave. Suite 101
Bay County Veteran's Services	850-248-8280	baycountyfl.gov/222/veterans-services	840 W. 11th St.
Gulf Coast State College	850-769-1551	www.gulfcoast.edu Educational Assistance for Veterans	5230 W. Hwy 98
ReBoot Combat Recovery	850-730-6943	https://rebootalliance.com/reboot	
90 Works SSVF	855-90-works		

Other Services

American Cancer Society	850-785-9205	http://makingstrides.acsevents.org	4001 W. 23rd St. Suite C
American Red Cross	850-763-6587	www.redcross.org	430 E. 15th St.
Big Bend Community Based Care	850-747-5744	www.bigbendcbc.org	
Bundle of Hope Adoption	850-640-3753	www.bundleofhope.org	127 W. 23rd St.
Catholic Charities	850-879-9481	www.catholiccharitiesnwfl.org/panamacity	3128 E. 11th St.
Doorways of NWFL	850-481-5446	doorwaysnwfl.org	300 W. 5th St.
NWFL Human Trafficking	850-303-3330	stophumantrafficking.org	Florida
Tri-County Community Council	850-215-0173	N/A	949 Jenks Ave. Suite 1
United Cerebral Palsy of NFLA	850-769-7960		
United Way of Northwest FL	850-215-6749	unitedwaynwfl.org	518 Mulberry Ave.

Helplines

Childhelp - National Child Abuse Hotline	800-422-4453	childhelp.org	National
Crisis Text Line	Text 741741		
Florida Abuse Hotline	800-962-2873	www.myflfamilies.com	Florida
Florida Dept. of Law Enforce Sexual Offender/Predator Unit	888-357-7332	www.fdle.state.fl.us	Florida
Florida Medicaid Prescription Access Helpline	800-436-6001		Florida
Gamblers Anonymous	800-426-7711		National
LGBT National Hotline	888-483-4564		National
Life Management	850-522-4485		Panama City
Mental Health Crisis Helpline	866-985-0008		
National Alliance on Mental Illness	800-950-6294	www.nami.org	NAMI
National Disaster Distress Helpline SAMHSA	800-985-5990	Crisis Counseling related to disasters. 24/7	National
National Eating Disorders Assoc.	800-931-2237	www.nationaleatingdisorders.org	National
National Helpline SAMHSA	800-662-4357	Treatment referral & information 24/7	National
National Parenting Helpline	855-427-2736		National
National Runaway Safeline	800-786-2929		National
National Suicide Prevention Lifeline	800-273-TALK	https://suicidepreventionlifeline.org	National
Salvation Army domestic Violence Hotline	850-769-7989 850-763-0706		Panama City Panama City
National Hotline	800-799-7233	Text LOVEIS to 22522	National
Gulf Coast Sexual Assault Program	866-218-4738		Panama City
Rape Abuse & Incest Nat. Network	800-656-4673		RAINN - National
Suicide Crisis and Mental Health Emergency Hotline	850-522-4485		Panama City
Trevor Project	866-488-7386	Text START to 678678	National Text
Veteran's Crisis Line	800-273-8255 Text 838255		National