



## **Student Accessibility Resources**

### **Guidelines for Documentation of Psychiatric Disabilities / Psychological Disorders**

Dear Sir or Madam,

Due to the changing nature of psychiatric disabilities, it is essential that the student provide recent and appropriate documentation from a qualified professional. Since reasonable accommodations are based upon the current impact of the disability, the documentation must address the individual's current level of functioning and the need for accommodations. The documentation must be a comprehensive diagnostic/clinical evaluation typed on official letterhead and must include:

Psychiatric disability / psychological disorder documentation must include all of the following elements:

A specific diagnosis should be stated as well as the rationale that was utilized to determine the stated diagnosis. The documentation should not merely refer to symptoms and will preferably correspond to a specific DSM-IV category.

Documentation should include any counseling, specific therapies, current prescribed medications and any side-effects that would compromise academic functioning.

Documentation should specify how an individual's psychological disorder impacts upon his or her performance in the academic context.

Documentation should recommend academic adjustments.

Documentation should be no more than one year old.

Please contact our office with any questions or concerns regarding this request at phone number 850-747-3243. We thank you for your assistance and cooperation.

Sincerely,

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